

IMPACT AND ENGAGEMENT REPORT 2018-2019



NORTHAMPTON TOWN F.C.

COMMUNITY

COMMUNITY ENGAGEMENT



750 free tickets given out in the community



360 player visits



29 volunteers have supported our programmes



Supported **13** volunteers to gain qualifications



318 free books given away to children and families as part of world book day

DISABILITY AND INCLUSION



402 participants took part in disability sessions in 2018-19



An additional **200** participants took part in our annual disability festival



51 participants engaged through Walking Football programme



35 participants engaged through Extra Time Hubs project

SPORTS PARTICIPATION



217 girls took part in the Premier League Girls programme



56 girls took part in football for the first time



80% of girls taking part in the programme reported they now feel more confident to play football



838 unique participants attended our Holiday Courses



120 girls taking part in regular competitive football each week through NTFC CT teams

HEALTH & WELLBEING



218 participants took part in NTFC CT Men's Health programmes



129 participants took part in Man v Fat and Fitter Fans courses



739.4kg lost by participants taking part in Man v Fat and Fitter Fans courses



64 participants lost 5% or more of their starting weight through programmes



A further **16** participants lost 10% or more of their starting weight through programmes



89 participants took part in our mental health football sessions (St Andrews, Berrywood, Redwell)



6 participants with a diagnosed mental health condition gained a qualification as part of our St Andrews Healthcare sessions



25 participants took part in our drug and alcohol recovery football sessions

EDUCATION



900 pupils took part in the Premier League Primary Stars programme



83% of pupils noted an increase in enjoyment and confidence of literacy based work



313 literacy or numeracy based sessions delivered in primary schools



15 teachers supported to improve their confidence in PE



70% of teachers supported stated they felt more confident using skills to engage and challenge all pupils to progress



83 interventions delivered to support pupils well-being, behaviour, resilience and growth mindset



6 NEET participants aged 16-18 engaged in traineeship programmes



2 people moved into paid work after completing an employability course



55 schools supported in Northamptonshire in 2018/2019

OUR PARTNERS:



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